

**FREE**

8-WEEK SUPPORT GROUP WITH AN EDUCATIONAL COMPONENT  
FOR MOTHERS IN DEPENDENCY

## “V.O.I.C.E.S. for Moms”



**Who: Mothers with an open Dependency Case**

**When:** Mondays from 6 to 8 pm

**Where:** *Family Support Network*

1015 S. Placentia Ave., Fullerton, CA 92831

**Topics:**

- Shared-Parenting
- Non-violent communication
- Trauma affects on children
- Understanding your child: age-specific development
- Self-care and how it impacts your children
- Understanding the Dependency Court process
- Learning the purpose and goal of visitation
- Resources in the community

**Snacks and all materials will be provided**

- For questions or to RSVP, Please call Lisa Workman or Maria Enriquez at 714-447-3303